



Palliative Care Referral Form

Email to: hospiceadmin@hospicetaranaki.org.nz

THIS REFERRAL CANNOT BE ACTIONED BY OUR TEAM IF:
1. The patient is not aware of the referral
2. There is insufficient supporting information e.g. clinical notes

ALL QUESTIONS IN BOLD MUST BE COMPLETED; More information is helpful for processing your referral

Patient aware of referral: YES NO **Next of kin aware of referral:** YES NO

Referral priority: **URGENT* (<24hrs)** **Routine 1-2 days** **2-7 days**

*If urgent, please call the Hospice team (PH: (06) 753 7830 or ext 8661)

Urgent referrals: urgent; patient unstable, rapidly deteriorating or in the terminal/dying phase

Routine referrals: patient experiencing distressing physical and/or psychosocial symptoms not responding to established palliative care management/ protocols

2-7 days: patient is stable but seeking palliative care information and support

Date of Referral: _____ **Time:** _____ **Location of Patient:** Hospital Community

Title:	Surname:	First name:	M / F
Address:		GP:	DOB:
Phone:		Specialist:	NHI

What are the specific issues for which you would like specialist palliative care input?

Does this patient meet ALL the general referral criteria? (see over page for criteria) YES NO

Indicate which Specific Clinical Indicator applies (e.g. CA1- see over page for codes):

Date of Diagnosis:	AKPS/Performance Status:
Diagnosis:	
Estimated Prognosis: <input type="checkbox"/> hours <input type="checkbox"/> days <input type="checkbox"/> weeks <input type="checkbox"/> months <input type="checkbox"/> a year or more	
Past medical history:	Medications: <i>please specify any recent changes</i>
	Allergies:
Social Situation: (e.g. Lives alone)	
Main Carer (and relationship to patient):	

Hospice Use Only

Referred by:.....
Signature of referrer:.....
Source: GP/Consultant:.....
Phone/Pager:.....

Referral received/actioned by:.....
Date:..... Time:.....
Discussed with Dr:.....
Accept Decline Consult

GENERAL REFERRAL CRITERIA FOR ACCEPTANCE BY HOSPICE TARANAKI SERVICE

All referrals must meet ALL of these criteria

- Must be a resident within Taranaki or a visitor to the region and registered with another Hospice Service
- The patient has documented active, progressive and advanced disease; prognosis is limited to less than 12 months despite optimal tolerated therapy
- The focus of care is quality of life
- The patient has an extraordinary level of need (physical, psychological, spiritual) that exceeds the resources of the primary palliative care provider
- Patient agrees to the referral if competent to do so (or an advocate or nominated EPOA for the patient agrees)

**If the patient does not meet these criteria and is in serious need, discuss with Hospice Team

Hospice Taranaki utilises the Gold Standard Framework Prognostic Indicator Guide to assess patients for acceptance into the service. Referrers can access this information at <http://www.goldstandardsframework.org.uk>

Australian-modified Karnofsky Performance Score

AKPS	Features
100	Normal with no evidence of disease
90	Able to carry out normal activity with only minor symptoms of disease
80	With some effort able to carry out normal activity with some symptoms of disease
70	Cares for self but unable to carry on normal activity or to do active work
60	Mostly able to care for mostly but requires occasional assistance
50	Considerable assistance and frequent medical care required
40	In bed more than 50% of the time
30	Almost completely bedbound
20	Totally bedbound and requiring extensive nursing care by professionals or family
10	Comatose or barely rousable
0	Dead

CLINICAL DISEASE INDICATORS

CANCER	HEART DISEASE	CHRONIC OBSTRUCTIVE PULMONARY DISEASE	RENAL	LIVER DISEASE	GENERAL NEUROLOGICAL	DEMENTIA AND CVA	OTHER
At least ONE of the following is present:	At least ONE of the following are present:	At least TWO of the following are present:	MUST Meet RE1 PLUS at least ONE of the following:	At least TWO of the following is present:	MUST MEET NE1 PLUS condition specific criteria:	MUST: meet DE1 PLUS have had referral to and assessment by DHB NASC Team PLUS condition specific criteria:	Other situations might include:
CA1 Functional ability deteriorating due to progressive cancer	CD1 CHF NYHA stage 3 or 4 (SOBAR)	PU1 MRC grade 4 or 5 (SOB after 100m on level or confined to house)	RE1 Stage 4 Or 5 chronic kidney disease and condition deteriorating	L11 Ascites despite maximum diuretics, spontaneous peritonitis	NE1 Significant progressive deterioration in physical and cognitive function (e.g. Swallowing problems leading to recurrent aspiration pneumonia, progressive dysphagia)	DE1 Significant progressive deterioration in physical and cognitive function (e.g. Barthel, ECOG, Karnofsky)	OT1 Frailty: Multiple comorbidities with no primary diagnosis plus at least 3 of: weakness slow walking speed, significant weight loss, exhaustion, low activity
CA2 Progressive cancer diagnosis with symptoms unable to be managed by primary team	CD2 Three or more admissions to hospital within the last 12 months with symptoms of heart failure	PU2 Documented severe disease (FEV<30% predicted)	RE2 Patient wishes either not to commence HD or to stop dialysis	L12 Jaundice; hepatorenal syndrome	NE2 Motor Neurone Disease: Low Vital capacity (<70%of predicted using standard spirometry)	DE2 CVA: Persistent vegetative state and lack of improvement plus medical complications	OT2 Patient medically unfit for surgery for life-threatening disease
CA3 Incurable cancer diagnosis with prognosis expected to be less than 1 year and focus of care is quality of life		PU3 Three or more admissions to hospital within the last 12 months with symptoms of COPD.	RE3 Symptomatic renal failure: nausea and vomiting, pruritus, intractable fluid	L13 PTT> five seconds above control	NE3 Parkinsons Disease: Drug treatment less effective or increasingly complex with more 'off' periods, dyskinesia.	DE3 Dementia: Triggers that may indicate entering EOL: incontinence, no meaningful conversation, reduced ADLs, Barthel score<3., aspiration pneumonia, UTI, weight loss, severe pressure ulcers, reduced oral intake	OT3 Failure to respond to Intensive Care (in ICU, CCU, SCBU, PICU) and death therefore inevitable
		PU4 More than 6 weeks of systemic steroids for COPD in preceding 6 months		L14 Encephalopathy	NE4 Multiple Sclerosis: Significant complex symptoms and medical complications, dysarthria.		
		PU5 Fulfills long term oxygen therapy criteria		L15 Recurrent variceal bleeding if further treatment inappropriate	NE5 Other progressive neurological conditions e.g. Huntingtons		

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