

TERMINAL RESTLESSNESS & AGITATION

PRESENT

- Exclude pain
- Exclude urinary retention/full rectum
- Consider spiritual distress
- Discuss with family/ whānau

1. Prescribe and administer Midazolam 2.5–5 mg hourly PRN. (Lower dose for age & frailty).
2. Explain to family/whānau possibility symptom may arise.

2. Continue to give PRN doses; if 3 or more doses are required in 24 hours, go to Step 3.

3. Review and assess, consider initiating a syringe driver using the total required dose over the previous 24 hrs as a guide to dosage (general range 5-15mgs in syringe driver over 24hrs).

4. If restlessness and agitation persist, contact your Specialist Palliative Care Service for further advice.

ABSENT

- Prescribe Midazolam 2.5–5 mg hourly PRN. (Lower dose for age and frailty). If restlessness and agitation occur change to symptom "Present" guide.

NB:
S/C (Subcutaneous)
PRN (as required)

Please note: If you require further advice at any time 24hrs a day, 7 days a week please contact your Specialist Palliative Care Service